MAPPING THE SELF AS A SYSTEM

Values

What guides you?

Actions

How do you embody these values in your life?

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Resources

What capacities, resources and relationships do you hold?

Application

How are you putting these resources to work?

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My positionality

How do you see the world?
Use this space to describe your lens.

Commitments

What are you pledging to?

Accountabilities

How are you or others holding you accountable to these commitments?

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Reflection:

Use this space for any additional reflections on how you see yourself in the system that you are trying to change, or how you feel that you can grow.

Solutions Lab